

## Medical Guide of the 6<sup>th</sup> East Asian Games

### I. Introduction

Under the guidance of the Medical Committee of East Asian Games Association (EAGA) and in accordance with the requirement of the OCA Guidelines for Medical Service and Anti-doping Program for East Asian Games, The 6<sup>th</sup> East Asian Games Organizing Committee (EAGOC) set up the Medical Service Department to work with the administrative department for health under the government of the host city on medical and public health service for the East Asian Games (EAG), and provide healthcare & medical service for all the EAG Identification and Accreditation Card holders in compliance with relevant standards.

The healthcare and medical services will consist of:

- a. provision of medical services for athletes in competition and training venues;
- b. medical services in official hotels;
- c. medical services in non-competition venues;
- d. a network of designated hospitals set up to provide emergency services, emergency transfer and necessary inpatient services for accredited personnel and ticket holders;
- e. a monitoring network for infectious diseases set up to provide comprehensive public health services;
- f. development of various contingency plans to respond to public health incidents;
- g. development of a policy on smoking control in venues to create a session of smoking-free East Asian Games

The team doctors of delegations will be granted a temporary right of medical practice in China after completing the practice registration with EAGOC, and may provide medical services for the members of their own delegations during the Games.



## II. Relevant Policies

### Team doctor practice registration

The team doctors of all delegations must complete the registration for medical practice in China in accordance with the requirements in the Chef de Mission Manual for the 6th East Asian Games to provide medical services for the members of their own delegations during the Games.

They must submit Registration Certificate for Doctor of their own countries or regions (copy one), signing agreements with their delegations or the letters of appointment by their delegations(copy one) and fill out the Team Health Professionals Registration Form. Where a team doctor needs to provide medical services to the members of another delegation, an effective agreement on medical services between the two delegations must be provided at the same time. Team Health Professionals Registration Forms will be provided during the Chef de Mission Meeting, the NOCs fill out Forms and submit them with the copy ones of Registration Certificate for Doctors, signing agreements, and NOC Medical Statement to Tianjin Organizing Committee by Feb 28, 2013. Any team who do not submit in the due time will not have the qualification to provide medical service in China.

Tianjin Organizing Committee will review the Team Health Professionals Registration Forms and other relevant documents submitted by the NOCs and feedback confirmations before April 30, 2013. Tianjin Organizing Committee will provide the qualifications of medical practice for health professionals who have been verified and confirmed in accordance with the Team Health Professionals Registration Forms, NOC Medical Statement and other relevant documents submitted by the NOCs.

The contents of the NOC Medical Statement include: the Chef de Mission of the NOC delegation of the participating country/region shall guarantee that the doctor participation in the 6th East Asian Games is designated as the Team Doctor for the 6th East Asian Games of his/her country/region and his/her qualification for practice in this country/region has been verified and validated.

### b. insurance for team healthcare professionals

The team doctors registered for practice in China and other medical staff of the delegation shall bear, or have their delegation to bear, the liabilities for their medical practice during the 6th East Asian Games and TJEAGOC does not assume any relevant liability incurred by the medical practice of the medical staff in the delegations. The insurance provided by TJEAGOC does not cover any medical misconduct of any

medical staff in a delegation and it is suggested the delegation buy the relevant medical liability insurance themselves.

c. entry and exit of medications and medical devices

Delegation members may enter China with the medications for personal use of for direct use of their own delegations. The Declaration for the Import of Drugs shall be filled out for the imported medications in three categories: narcotics or psychiatric drugs, blood and biological products and other medications.

Opium, caffeine, heroin, marijuana and other addictive narcotics or psychiatric drugs are prohibited from being imported into China.

Athletes carrying medications for their personal use must also carry the relevant prescription or medical diagnosis certificate.

Delegations that need to bring in with them medical devices and related supplies must fill out the Declaration for the Import of Medical Equipment.

Delegations shall follow the requirements and procedures in the Customs and Freight Guide, and pursue the entry procedures in accordance with the requirements of the China Customs.

The Declaration for the Import of Drugs & the Declaration for the Import of Medical Equipment will be provided during the Chef de Mission Meeting in Oct. 2012. Delegations shall submit these two Declarations to TJEAGOC by March 31, 2013. Upon verification, TJEAGOC will send to the relevant delegations by July 31, 2013 the Confirmation Letter for Import of Drugs and the Confirmation Letter for Import of Medical Equipment as certificate for the Customs to allow the entry of the medications and devices. If the declarations for the import of drugs are not submitted in due time, the entry of the medication will be delayed.

In order to facilitate the check on the imported goods at the Customs, it is suggested that delegation pack the medications and medical devices separately and show the Confirmation Letter for Import of Drugs and the Confirmation Letter for Import of Medical Equipment for convenient verification.

Each delegation shall keep their medications and medical devices by themselves and the use shall be limited to their own delegation and any other delegation they have an agreement with. Medications before use must be kept in the original packaging and with clear labels.



The unused medications and devices shall be exported from China within one month after the end of the Games. The Customs will check the Confirmation Letter for Import of Drugs and the Confirmation Letter for Import of Medical Equipment for release.

#### d. Medical space in the residence of delegations

TJEAGOC will set appropriate office space for each delegation and the medical space for a delegation is within its office space. Basic configuration of the medical room includes desks, chairs, examination bed, massage bed, examination lamp, refrigerator, movable screen, medicine cabinet, medical trolley, ice container and waste bin, etc. The registered team doctors may provide medical services for their own delegation or other delegations with whom they have an agreement. But injection, wounds care and operation etc. are not included.

#### e. Pharmacy service and prescription right of team doctors

The registered team doctors may provide medical services for their own delegation or other delegations with whom they have an agreement in the polyclinic of their residence hotels, and have the right to prescribe for medications from the pharmacy of the polyclinic of their residence hotels (only the prescribed forms of the polyclinic of their residence hotels are allowed)

For a medication marked prohibited for athletes in the Pharmacy Handbook, special medication use procedures must be followed.

#### f. TUE for athletes

Athletes shall not use the prohibited medications as listed by TJEAGOC without the approval of the appropriate procedures for therapeutic use exemption (TUE). An athlete who holds a valid TUE shall produce the approval document before using the designated medications. Where no TUE approval is obtained, medical team or NOC team doctors can only use the prohibited medications in medical emergencies where there is no suitable alternative medications and the prohibited substance must be used, and the treating doctor shall promptly complete the TUE application form and report to the Medical Committee of East Asian Games Council TUE Committee according to the due procedures to allow the athlete to obtain emergency TUE.

#### g. Policy on medical fees

During the 6th East Asian Games, the members of NOCs of the participating country/region, council members of EAGA, the delegation members, technical officials, NOC VIP guests and NOC guests suffer from acute diseases, injuries and accidents

in Tianjin ( include working or attending activities which are arranged by TJEAGOC ), TJEAGOC will provide free treatment & care, rescuing, medications services etc. The period of free medical services for other persons of above mentioned shall be from Oct.1, 2013 to Oct. 16, 2013. The period of free medical services for the Chefs de Mission or their authorized representatives attending the delegation registration meeting shall be from the date of arrival until Oct. 31, 2013.

TJEAGOC will not be responsible for the fees for medical services outside the above mentioned period and it is suggested that NOCs buy the relevant medical insurance accordingly.

#### h. Vaccinations

Those from yellow fever epidemic areas must produce valid vaccination certificates for yellow fever vaccine to the inspection and quarantine authority before entering China.

Where no serious epidemic of infectious disease occurs in and outside China, the entering persons are exempted from completing the Entry-Exit Health Declaration Form. However, entering persons with symptoms such as fever, vomiting, cough, dyspnea and diarrhea and those with serious mental illness, infectious tuberculosis or other communicable diseases that are likely to cause significant harm to public health must voluntarily make an oral declaration to the quarantine officials at tourist check channels and accept inspection and quarantine.

Where a serious epidemic of infectious disease occurs in or outside China, the State Administration of Quality Supervision, Inspection and Quarantine will issue a notice on compulsory inspection and quarantine measures for persons on entry/exit and the entering persons must truthfully and fully complete the Entry-Exit Health Declaration Form and go through the special passage for inspection and quarantine.



### III. Medical services in venues

#### a. competition venues

##### 1. Medical station for athletes

The medical station for athletes provide the EAG Identification and Accreditation Card holders (including volunteers and staff etc) who have access to this area with on-site and medical transfer services. When the on-site doctor considers it necessary, a patient with an acute and severe disease will be transferred by ambulance to a designated hospital for further diagnosis and treatment after on-site treatment.

The medical station for athletes provides services from one hour before a competition to the time when all the athletes have left the venue.

##### 2. Medical station for spectators

The medical station for spectators provides on-site medical treatment and emergency transfer services for all the EAG Identification and Accreditation Card holders and ticket holders including Asian Olympic Family members, media staff, volunteers and spectators. When the on-site doctor considers it necessary, the sick will be transferred by ambulance to a designated hospital for further diagnosis and treatment after on-site treatment.

The medical station for spectators provides services from one hour before a competition to half an hour after the end of the competition.

##### 3. Temporary medical station

It provides the same service as the medical station for spectators.

#### b. training venues

Each designated training venue has a medical station for athletes to provide on-site medical treatment and ambulance transfer services. It provides services from half an hour before the specified time for training to one hour after the end of the training.

#### c. Officially designated hotels

The officially designated hotels have medical clinics for all the EAG Identification and Accreditation Card holders to provide medical services. It will open from 8:00 to 22:00 every day, from Oct. 1st, 2013 to Oct. 16th, 2013, provide emergency and

ambulance transfer service.

d. Non-competition venues

1. Opening & closing ceremonies

The medical team for the opening and closing ceremonies of the 6th East Asian Games will provide on-site medical services for all the EAG Identification and Accreditation Card holders and ticket holders including VIPs, athletes, accredited media, spectators and staff in the VIP area, spectator seating area, media area, athletes assembly area, spectator service area, stage and performers waiting area and transfer the wounded or sick by ambulance to the designated hospitals for diagnosis and treatment when necessary.

2. Airports & railway stations

Beijing International Airport, Tianjin Binhai International Airport, Beijing Railway Station and Tianjin Railway Station are arrival and departure places for the 6th East Asian Games, would provide on-site medical service and ambulance transfer service.

3. Main media center (Main Press Center, International Broadcast Center)

It provides on-site medical services in The Main Press Center, Registration Welcoming Center and other non-competition venues, provides all the EAG Identification and Accreditation Card holders with on-site medial services and ambulance transfer services.



## IV. Network of Designated hospitals

According to the layout of the venues, 9 hospitals will be designated for the 6th East Asian Games. The designated hospitals are important support for the medical services for the 6th East Asian Games.

1. The designated hospitals will set special East Asian Games areas to provide all types of designated groups with out-patient and emergency service, expert consultation and necessary in-patient medical service.

2. The designated hospitals will assign medical teams to venues to provide on-site medical treatment and first aid services and, where necessary, designated hospital transfer service, for patients with acute injuries or diseases. The venue medical teams and designated hospitals will work closely so that each venue may transfer the patients to the nearest designated hospital directly within 30 minutes.

Anyone that goes to a designated hospital for treatment by themselves must produce his/her identity registration card to enjoy the relevant medical service policies.

## V. Gender Related Issues

According to the requirement of OCA Medical Committee, TJEAGOC will have in place the appropriate facilities and expertise to assist in the investigation of any gender related issues should the need arise. The chairman of the Medical Committee of East Asian Games Council, when necessary, will authorize a designated institution to initiate highly confidential procedures for investigation of disorders of sexual determination. The result will be reported directly to the Medical Committee of East Asian Games Council.



## VI. Collection of Medical Information

According to the requirement of Medical Committee of East Asian Games Council and the Games Operation Command, the venue medical stations and medical clinics in officially designated hotels shall properly complete the medical information forms in a timely manner for the Medical Information Center to sum up and submit to the Medical and Public Health Group of Games Operation Command and Medical Committee of East Asian Games Council.

## VII. Public Health Guarantee

Comprehensive public health services will be provided in all competition and non-competition venues during the 6th East Asian Games. TJEAGOC and Tianjin Government will set up a professional public health team and a venue public health team to jointly monitor food, drinking water, indoor air and vector organism so as to ensure the safety of food and drinking water and control the epidemic of communicable diseases in venues.

During the Games, all the participants are not allowed to take their own food or process food with their own cooks in the hotel.

### a. Syndromic surveillance

Public health staff strictly follow the Law of the People's Republic of China on the Prevention and Control of Infectious Diseases to properly monitor the five syndromes: fever, diarrhea, conjunctival swelling, jaundice and rash. The delegations shall promptly report to the venue medical stations or designated hospitals when any of these five symptoms occurs among their members. Staff for public health will carry out further epidemiological investigation and the corresponding processing according to monitoring results.

### b. Response to epidemics of infectious diseases

During the 6th East Asian Games, TJEAGOC will give treatment in isolation to the patients with statutory and suspected infectious diseases or transfer them according to laws and regulations including the Law of the People's Republic of China on the Prevention and Control of Infectious Diseases, the Law of the People's Republic of China on Control of the Entry and Exit of Aliens, the Rules for Implementation of the Law of the People's Republic of China on Control of the Entry and Exit of Aliens and the Codes of Health and Quarantine Inspection for Persons Entering or Leaving the Territory.

1. Where the persons are found with infectious diseases or suspected infectious diseases at the ports such as airports, railway stations and piers, the inspection and quarantine authorities will immediately notify the Medical and Public Health Group of Games Operation Command and carry out treatment in isolation or transfer at the same time according to the relevant laws and regulations.

2. Where patients with Class A infectious diseases or infectious diseases managed as Class A ones and their close contacts are found in the polyclinics of officially



designated hotels, venue medical stations, designated hospitals or other medical institutions, medical examinations and the following measures will be immediately carried out according to relevant provisions:

① Giving treatment in isolation to the patients and pathogen carriers for a quarantine period determined according to the results of medical examination;

② Giving separate treatment in isolation in designated places to suspected patients before confirmed diagnosis;

③ Giving medical observations to the patients, pathogen carriers and the close contacts of suspected patients in designated places and adopt other necessary preventive measures;

④ Those who refuse the treatment in isolation or leave the treatment without permission before the expiration of the due period will be imposed compulsory measures for treatment in isolation by a medical institution with the assistance of the public security authority;

⑤ Where a contaminated site of the patients, pathogen carriers or suspected patients of Class A infectious diseases or infectious diseases managed as Class A ones is found, the disease prevention and control institution will carry out a strict sanitation immediately after receiving the epidemic report.

3. Where patients with Class B infectious diseases or infectious diseases managed as Class B ones are found in the polyclinics of officially designated hotels, venue medical stations, designated hospitals and other medical institutions, necessary treatment and control measures will be adopted according to the conditions of the patients. Where an athlete suffers from a Class B or C infectious disease, the disease prevention and control institution will suggest on a medical observation or treatment in isolation according to the conditions of the patient and report to OCA Medical Committee for approval.

## VIII. Policy on smoking control in venues

TJEGOC commits to creating a session of Smoking-free Games and has developed corresponding smoking control policies and guidelines providing that smoking, sales of tobacco products and any form of tobacco sponsorship and promotion are prohibited in the following areas:

- a. Indoor areas of designated hospitals;
- b. Indoor areas of competition venues of the Games (except for the designated outdoor smoking areas);
- c. Officially designated hotels, all offices, meeting rooms and other workplaces as well as the indoor areas including restaurants, passages, elevators, toilets and entertainment sites;
- d. Indoor areas of non-competition venues, media centers, accreditation centers, registration centers and arrival & departure service center;
- e. All East Asian Games vehicles.

The officially designated hotels will set aside smoking-free areas or floors according to relevant provisions.

Appendix: 1. Designated hospitals

2. Prescriptions used at the venues

X. Pharmacy Guide

Antimicrobial drugs and antiparasitic drugs

( 1 ) Antibacterial drugs

( 2 ) Antiviral drugs

( 3 ) Antiparasitic drugs

2. Respiratory drugs

( 1 ) Expectorants

( 2 ) Antiasthmatic drugs



3. Cardiovascular drugs

- ( 1 ) Antihypertensive drugs
- ( 2 ) Antianginal drugs
- ( 3 ) Cardiac stimulants
- ( 4 ) Antiarrhythmic drugs
- ( 5 ) Sympathomimetic drugs

4. Drugs for digestive system

- ( 1 ) Antiulcer drugs
- ( 2 ) Antidiarrheals and cathartics
- ( 3 ) Antispasmodics
- ( 4 ) Gastrointestinal motility stimulants and antiemetic drugs
- ( 5 ) Digestants

5. Drugs for nervous system

- ( 1 ) Antiepileptics
- ( 2 ) Anti-mania drugs
- ( 3 ) Anti-Parkinson drugs
- ( 4 ) Anxiolytics
- ( 5 ) Antidepressants
- ( 6 ) Sedative hypnotics
- ( 7 ) Respiratory stimulants
- ( 8 ) Antimigraine drugs
- ( 9 ) Muscle relaxants

6. Drugs for Urinary system

- ( 1 ) Diuretics
- ( 2 ) Dehydrating drugs
- 7. Hematologic drugs
  - ( 1 ) Haemostatics
  - ( 2 ) Anticoagulants
  - ( 3 ) Antiplatelet drugs
  - ( 4 ) Blood plasma and blood plasma substitute
- 8. Antipyretic analgesic, anti-inflammatory and anti-gout drugs
  - ( 1 ) Antipyretic analgesic and anti-inflammatory drugs
  - ( 2 ) anti-gout drugs
- 9. Antihistamines
- 10. Drugs for endocrine system
  - ( 1 ) Adrenocortical hormones
  - ( 2 ) Insulin and oral hypoglycemic drugs
  - ( 3 ) Gonadal hormones and correlative drugs
  - ( 4 ) Drugs for thyroid diseases
- 11. Local anesthetics and analgesics
  - ( 1 ) Local anesthetics
  - ( 2 ) analgesics
- 12. Drugs affecting water, electrolyte and acid-base balance
- 13. Biological products
- 14. Ophthalmic drugs
  - ( 1 ) Antiinfective drugs



( 2 ) Adrenal cortex hormone drugs

( 3 ) Ocular hypotensive drugs

( 4 ) Mydriatics

( 5 ) Others

15. Otorhinolaryngologic drugs

( 1 ) Nasal preparations

( 2 ) Otologicals preparations

( 3 ) Throat preparations

16. Stomatological preparations

( 1 ) Analgesic and local anaesthetics

( 2 ) Disinfectant and preservative

17. Chirurgic and dermatological drugs

( 1 ) Disinfectant and preservative

( 2 ) Anti-infectious drugs

( 3 ) Corticoid drugs

( 4 ) Others

18. Other drugs

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3. The 2013 Prohibited List The World Anti-Doping Code

